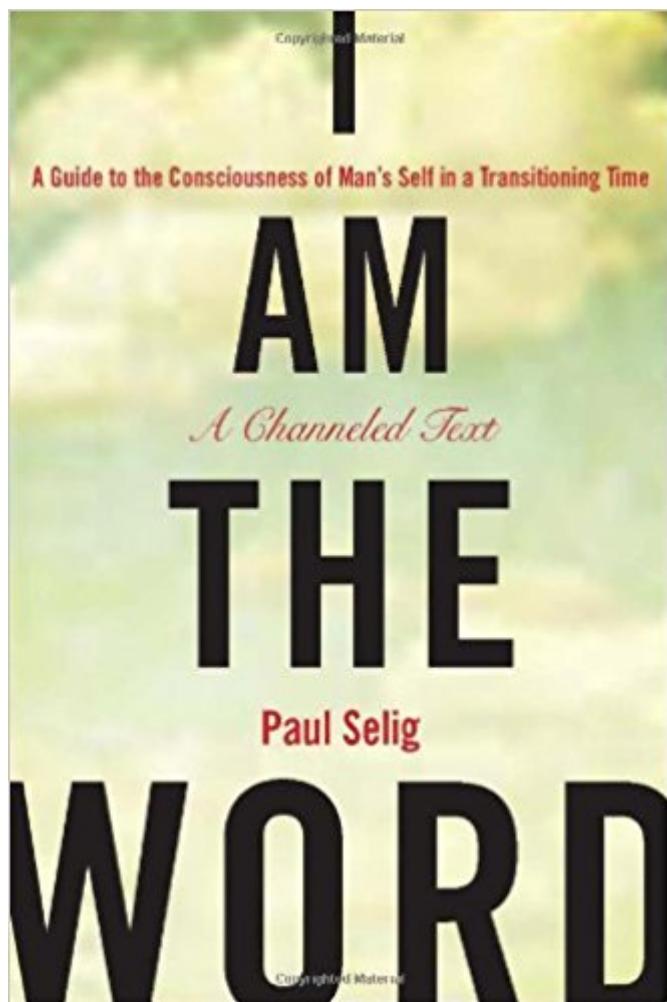


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# I Am The Word: A Guide To The Consciousness Of Man's Self In A Transitioning Time



## **Synopsis**

The channeled Guides of I Am the Word provide a concise and immensely powerful program in self-awareness that can ease negative complexes and align your existence with its highest purpose. Humanity has lost itself. Both as individuals and as a world culture, we have forgotten our true nature. In I Am the Word, writer and medium Paul Selig has recorded an extraordinary program for self-realization, as dispensed through beings of higher intelligence, sometimes called Guides or Ascended Masters. These figures seek, as they have in the past, to assist men and women in discovering the higher, purposeful nature-or "Christed Self"-that lies dormant within us all. In a series of enticing, irresistibly practical dialogues, the Guides of I Am the Word identify the emotional "boulders" that displace our authentic selves and consume our potential. The Guides provide to-the-point psychological and existential insights, along with self-developing exercises and affirmations, which begin to strip away residues of fear, self-doubt, and self-suffocating habits.

## **Book Information**

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## **Customer Reviews**

I think it is worth repeating the blurb on the back cover since it was not mentioned in the product description:"In a world of would-be psychics making great claims for themselves with little evidence to back them up, Paul Selig is the real thing. His book occupies a special place in the literature of channeled messages. I Am the Word is urgent, strong, always clear and lucid, and told with grace and wit." My sentiments exactly. If you have read quality channeled material before you know that it speaks for itself, it has a self-identifying signature that opens your heart as you read. This book has it. You can sample the pages on GoogleBooks and see the process on NewRealities TV with Alan

Steinfeld. To me it is like a miniature crash course version of and sympatico with Course in Miracles workbook minus the theoretical underpinnings of the text. Don't be in a hurry to rush through this book, take your sweet time and immerse yourself, reading and rereading as your focus drifts. Each chapter contains a descriptive discussion intermixed with a handful of affirmations to be used with the chapter contents. Some affirmations are very short and easy to memorize and others may exceed a page in length. The prologue explains the need for this book in relation to the coming quantum leap: "What you will experience on the other side of this shift will be unlike anything you have experienced in your lives. This is the promise of the Christ to be in the heavens while being on this plane. This is the promise of this time." It is a quick study course that takes advantage of and works with the new energies that are upon us. This book is about outgrowing the personal and cultural ceiling that has entrapped us.

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